

# ROTARY CLUB OF PRESTON Inc.

**CHARTER GRANTED** 21-12-1960  
PO Box 299, Preston, 3072

**District Governor:** Neta Kirby

Meets Wednesday, 12.30pm  
Darebin RSL Bell St, Preston

**Assistant Governor:** Pat Solibakke

## CLUB BULLETIN

**February 28, 2024, Vol. 63, No. 30**

**President**  
**Kannan Subramanian**

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0411 711 232

**Club Website**  
[rotary-prestonaust.com](http://rotary-prestonaust.com)



**CREATE HOPE**  
**in the WORLD**

### Office Bearers

Vice President: PP Paul Smarrelli  
Hon. Secretary: PP Geoff McIlvenna  
0418 500 031  
[geoff.mcilvenna@bigpond.com](mailto:geoff.mcilvenna@bigpond.com)

Treasurer: Frank Smith  
Past President: Ruth McCall  
President Elect: Wayne O'Neill

### Directors

Peter Peyton, Peter Gilbert, Max Walsh,  
Gary Mogford, Chris Shields

## OFFICE BEARERS & BOARD DIRECTORS

<p><u>International</u>  <b>Director: P Peyton</b>                  J Roose                  S Still                  E Boateng                  P Gilbert                  K Agawal</p>	<p><u>Youth</u>  <b>Director: G Mogford</b>                  E Price                  P Conte                  N Lyons                  W O'Neil</p>	<p><u>Vocational</u>  <b>Director: Chris Shields</b>                  C Finocchiaro                  N Schaber                  C Verrocchi                  N Au                  Joe Morris</p>	<p><u>Community</u>  <b>Director: P Smarrelli</b>                  Julie Morris                  D De La Coeur                  D Sullivan                  G Lyons                  N Pinder                  E Price (Police Awards)</p>
<p><u>Environment &amp; Conservation</u>  <b>Director: R McCall</b>                  P Byrne                  D De La Coeur</p>	<p><u>Foundation</u>  <b>Director: M Walsh</b>                  E Price                  P Gilbert                  I Musgrove</p>	<p><u>Membership &amp; Retention</u>  <b>Director: P Gilbert</b>                  G Mcllvenna                  Julie Morris                  R McCall                  P Smarrelli</p>	<p><u>Secretary</u>  <b>G Mcllvenna</b></p> <p><u>Treasurer</u>  <b>F Smith</b></p> <p><u>Vice President &amp; Special Projects</u>  <b>P Smarrelli</b></p>

## CLUB ADMINISTRATION: Wayne O'Neill

<p><u>Youth Exchange</u>  <b>E Price</b>                  P Gilbert</p>	<p><u>Bulletin</u>  <b>J McCarthy</b>                  P Peyton                  P Gilbert</p>	<p><u>Fundraising &amp; Circus Quirkus</u>  <b>Chair: W O'Neill</b>                  F Smith                  G Mcllvenna                  P Smarrelli</p>	<p><u>Attendance</u>  <b>G Mogford</b>                  G Mcllvenna                  P Smarrelli</p>	<p><u>Cashiers</u>  <b>P Gilbert</b>                  N Schaber                  G Mogford                  E Price                  P Conte                  Max Walsh</p>	<p><u>Programs</u>  <b>G Mogford</b>                  R McCall                  P Smarrelli                  P Gilbert</p>
<p><u>Family of Rotary &amp; Club History</u>  <b>P Peyton</b>                  P Gilbert                  G Mcllvenna                  P Smarrelli</p>	<p><u>IT / Website / Facebook / Public Relation</u>  <b>R McCall</b>                  G Lyons                  N Lyons</p>	<p><u>Club History &amp; Information</u>  <b>P Peyton</b>                  P Gilbert                  G Mcllvenna                  P Smarrelli</p>	<p><u>Sergeants</u>  <b>D Sullivan</b>                  D De La Coeur                  Julie Morris                  P Byrne</p>	<p><u>RIMERN</u>  <b>R McCall</b>                  E Price                  Julie Morris</p>	<p><u>House</u>                  Joe Morris                  N Pinder                  D De La Coeur                  G Mogford                  G Mcllvenna                  P Smarrelli</p>
<p><u>World Conference</u>  <b>P Gilbert</b></p>	<p><u>District Conference</u>  <b>G Mcllvenna</b></p>	<p><u>Fellowship</u>  <b>E Price</b>                  Julie Morris                  P Byrne                  G Mcllvenna</p>	<p><u>RIMERN</u>  <b>R McCall</b>                  E Price                  Julie Morris</p>	<p><u>Birthday Cards</u>  <b>G Smith</b></p>	<p><u>Welcome</u>  <b>Julie Morris</b>                  Joe Morris                  E Price                  C Finocchiaro                  P Peyton</p>

### Office Bearers:

**President.....K Subramanian**  
**Vice President..... P Smarrelli**  
**Special Projects..... P Smarrelli**  
**Past President..... R McCall**  
**President Elect..... Wayne O'Neill**  
**Secretary..... G Mcllvenna**  
**Treasurer..... F Smith**

### Board / Directors

**Director - International.....P Peyton**  
**Director - Community.....P Smarrelli**  
**Director - Youth.....G Mogford**  
**Director - Membership & Retention.....P Gilbert**  
**Director - Environment:& Conservation.....P.Byrne**  
**Director - Foundation.....M Walsh**  
**Director - Vocational.....C Shields**

## SPEAKER LAST WEEK

**DEMENTIA/ALZHEIMER DISEASE AWARENESS:** Those present last week were so privileged to hear Dr. Rebecca Nisbet's presentation. All in her audience could relate her topic to close family members or acquaintances who may be afflicted by stroke, dementia, Parkinson's disease, mental health and disorders of the brain and mind. Based at The Florey, Rebecca is at the world forefront of brain and mental health research.

Over 2 in 5 Australians aged 16-85 are now estimated to have experienced a mental health condition at some time in their life, while 1 in 5 having experienced a mental health condition in the previous 12 months. The Florey neuroscientists are working globally with research collaborators, clinical partners and hospitals to create a better quality of life for those suffering a mental condition.



Specifically it seems there has been a major breakthrough in these months as to how to manage sneaking a drug through the blood-barrier brain. Professor Rebecca is researching this challenge investigating new drug delivery strategies across the brain barrier. This is somewhat akin to sneaking into a cinema without a ticket by mingling with a large group of ticket holders. The barrier is the body's natural ability to protect the brain from any infections or germs that strive to enter through the blood. This has frustrated the use of valuable drug treatments.

Rebecca's hope is once the barrier can be lifted, drugs attacking Parkinson's, Alzheimer's and other brain conditions can be readably trialled. While the technical language was a challenge, all present could see close-up the value and the urgency of her research and that of others of the team at The Florey and worldwide.

Email: [Rebecca.Nisbet@florey.ed.au](mailto:Rebecca.Nisbet@florey.ed.au)

# THE FAMILY OF ROTARY

**VISITORS LAST WEEK:** James Akeroyd (Rotary Club of Pembrey and Burry Port, UK) with his son Michael. James returns home in these days but will return again next year.

Margit Simondson (Donor Relations Advisor, The Florey). Nola Wilmot (Bequest Manager, The Florey)

## CLUB NEWS

**CLEAN UP AUSTRALIA:** The club has been invited through Peter Byrne and Ruth McCall to assist the Rotary Club of Pascoe Vale in their programme this **March 3** at De Chene Reserve, 183 Urquhart St, East Coburg.

Preston members have received a copy of the invitation through Sec. Geoff via email on Tues. 20 Feb. Peter Byrne is happy to answer any questions.



**FOOD BANK DELIVERY** to Neighbourhood House, 27<sup>th</sup> February @ 11.15.

**BUNNINGS BARBIE:** Next Barbie – 9<sup>th</sup> March.

### COMING SPEAKERS

Feb-28	RYLA	Rosie Sun
Mar-06	Reservoir Neighbourhood House	Craig Liddell
Mar-13	Next Step	Rhiannon Tracey & Jake

**DISTRICT CONFERENCE**, Shepparton, **19-21 April 2024**. Deposits of \$100 for rooms to Frank Smith. Nine rooms have been booked.

**RECYCLING FOR RIMERN**: There are two options

1. Bring the recyclables cans (not crushed), bottles, good used clothing and small household appliances to the meeting. Ruth McCall will transport them to the Rimern base OR
2. drop them off at the Rimern recycling depot, 24 Quinn Street, Preston, just near Bunnings.



**3KND IS ON THE ROAD!** Nadia and Gerry Lyons have always been on the run but now they can do it with a travelling studio. The van is equipped to do everything that the Bundoora studio does but now on location.

Last Wednesday it was on show at the club meeting. It has taken some time to get to this day but Preston Rotary, Darebin Council and other organisations and with various grants, it is now up and running.

## WEEKLY ROSTER: JANUARY-MARCH 2024

DATE	WELCOMES	CASHIERS	SERGEANT	CHAIRPERSON
Feb-28	Joan Roose	Peter Gilbert & Paul Smarrelli	Max Walsh	Gary Mogford
Mar-06	Chris Shields	Norbert Schaber & Peter Byrne	Norm Pinder	Peter Peyton
Mar-13	Joe Morris	Peter Gilbert & Gary Mogford	Julie Morris	Chris Shields
Mar-20	Max Walsh	Norbert Schaber & Paul Smarrelli	David De La Coeur	Norm Pinder
Mar-27	Gary Mogford	Elaine Price & Peter Gilbert	Peter Byrne	Carla Finocchiaro

**VICTORIAN OPEN LONG COURSE CHAMPIONSHIPS** – Para Swimming World Series. This weekend, as a part of his build up and qualifying for the Paris Para Olympic Olympics, Ahmed Kelly will be competing - 9-11 March, Melbourne Sports Centres Outdoor Pool, 30 Aughtie Drive, Albert Park. Ahmed writes:

*“I hope my email finds you well. It's finally an Olympic and Paralympic year! In case you're not aware, this year the Olympic & Paralympic Games will be held in Paris! The Olympics begin on July 26 & the Paralympics are from August 28. You will be able to watch these games and our swimming selection trials all on Channel 9. (Also Kayo and You Tube).*

*But to kick start our preparations, I will be competing at the Victorian Open Championships. The Para World Series is a great opportunity for athletes with a disability to either update or gain classification. I am not required to update my classification but have been invited to compete for Australia once again.*

*I hope you are all well and having a great start to 2024! Thank you so much once again for your incredible support”.*



**CENTENARIANS LUNCH:** David De La Coeur and his committee have a plan for a Centenarians Lunch. He is in contact with the Darebin Council and, currently, an estimated date is during the Seniors Month of October. Any suggestions please contact David.



**Club Website addresses:**

**The account details for the Rotary Club of Preston:**

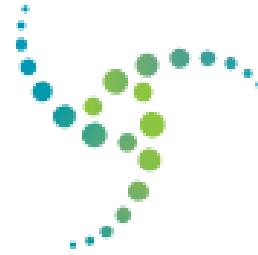
Bendigo Bank                      BSB 633 000,    A/c 154 200 034

**For member donations - Australian Rotary Foundation Trust**

Bendigo Bank                      BSB 332 084,    A/c 551 038 195

To submit Bulletin News: [jmcpresto@netspace.net.au](mailto:jmcpresto@netspace.net.au)

**INNER  
NORTH  
COMMUNITY  
FOUNDATION**



*Building on the work of the Inner North Report (which identified homelessness as the top priority facing our community), we invited local charities to tell us the missing pieces of the puzzle in reducing the impacts of homelessness. As a result of a community voting process, we're delighted to be funding an early-intervention pilot adaptation to the [Merri Outreach Support Services's](#) program to swiftly identify and support children experiencing homelessness.*

*Tackling the intergenerational nature of homelessness, the program helps secure and maintain the child's connection to school, it rapidly provides counselling, speech therapy or other necessary supports, and it will facilitate group children's activities - to help build social bonds while reducing childhood trauma.*

***But we're looking for your contributions to REALLY bring this programme to life, and you certainly don't need to work in the sector!***

*Join us on Thursday 7 March 2024 to hear more about this programme, and the practical and very down-to-earth ways/ roles that you can play in supporting a local child's experience of homelessness.*

***[Please RSVP](#) by Thursday, 29 February (noting any dietary requirements).***

For more information, please email [events@innernorthfoundation.org.au](mailto:events@innernorthfoundation.org.au) or call 03 8689 1967.

MOSS: 1 Holmes St. Northcote More info from Rotarian Chris Shields